**Emotional Sensitivity and Over Excitability Presentation Outline**

Presentation is intended for a general parent meeting and includes take home resources; however, parts of this presentation could be used for individual parent conferences or for teachers that are looking for strategies to provide support for students with emotional sensitivity and over excitability.

1. Start with carousel type activity with at least 10 posters displaying common misconceptions about emotional sensitivity and over excitability. As parents arrive they wander around to the different posters adding comments, thoughts, and/or personal stories related to the misconception on the poster.  They will put check marks by the things they are surprised by, agree with, or have experienced with own child.  In addition to arrival time, give them the first 10 minutes of our presentation to complete this activity.

2. Then show them a quick video.  As they view the video they need to write down two things they notice and two things they wonder about related to what they just saw.  After the video, ask for volunteers to share their notices and then their wonderings. Another option for this part would be to have the chairs arranged in such a way that the audience is sitting in groups of 6-8 people and then they would share their notices and wonderings with their smaller group.  Then after sharing with their smaller group ask if anyone wanted to share with the larger group some commonalities that they noticed within their smaller group.

3. Next perform a skit teaching the audience about the topic.  Role play a parent/teacher conference providing information and offering strategies.

4. After the skit, give audience a paper detailing important information to remember.

5. Finally, end with a discussion period at the end.  Ask discussion questions that require the audience to make personal connections, reason, review, and reorganize the information. This section can be completed as whole group or in small groups depending on time.

* ***For details on what exactly to say and do please visit*** <http://cwesocialemotional.weebly.com>.

**General Facts**

* Based on research conducted by Kazimierz Dabrowski in 1964, 1967, and 1972
* Gifted individuals have more prominent responses to diverse types of stimuli
* Comes in 5 varieties: psychomotor, sensual, imaginational, intellectual, and emotional
* May be mistaken to be an abundance of physical energy, heightened awareness of the senses, vivid imagination, intellectual curiosity and motivation, and a deep capacity to care
* Manifests itself in sensitivity, perfectionism, and intensity are all aspects
* Capable of bringing higher values to society, but is at a great risk of experiencing alienation